





Begin by (bravely & boldly) creating a blind contour sketch of your face using black paint on a wet brush. Keep this as loose and wonky as possible.



Add hair any other lines you want to the blind contour sketch that you opt to use for this spread.



Use gesso to erase lines you don't want and adjust lines you want to keep.



Use a waterproof black marker to refine your lines & add new ones as needed.





Block in the background + the hair. I also added the turquoise to the eyes.



Shade the face as demonstrated in the video using the turquoise.



Add the burnt orange to the lips and add as additional shading to the face.



Use a white paint pen to add highlights, conceal smudges, and add lights to the eyes.





I shaped the upper lip and added a highlight to the philtrum (lip dip) using the paint pen. I also shaped the cheek bones, and added some white to the bottom half of the eyes.



Refine all black lines in the piece that need it using the waterproof black marker.



Glaze the lips with a transparent layer of burnt orange.



I added the text. When I realized I needed to add more text than I initially wanted in order for the piece to look right, I 'scrambled' the poem, which works to express the frustration and confusion I was feeling. Once the text was set, I went over some of it with a Unibal Signo to thicken and refine it. I also added a white highlight around her head.





I added some gold stenciling in the background to finish. I fixed the entire spread with workable fixative.



I glue the piece into my journal and added a piece of washi tape in the seam. I also waxed the left side of the spread to prevent sticking.



I glued a piece of scrapbook paper down to the backside of the flip out, and added a washi tape frame.

TA DA!

Your turn!



